

Integrative Medicine Service

Don Low Fellowship

Service activities:

The **Integrative Medicine Service** provides patient-centered integrative medical and rehabilitation management of patients for pain, functional impairment, chronic disease, weight loss, wellness, and hospice and palliative care. The service works closely with our orthopedic and neurology teams to provide multidisciplinary care to non-surgical and post-operative patients. Treatments we offers include acupuncture, chiropractic, TCVM, nutraceuticals, dietary supplements, and physical rehabilitation, including manual therapy, modalities (such as laser, shockwave, etc), therapeutic exercises, hydrotherapy, home exercise program, assistive devices, and other appropriate treatments.

The service is currently comprised of 2 staff veterinarians (who are certified in acupuncture, canine rehabilitation, and chiropractic), and 3 technicians. The service typically has 2-4 rotating senior students every 2 weeks. The service sees patients of all species on weekdays (mainly small animals but also exotic species). In a typical day, the service sees an average of 20 appointments. More information on the service can be found at <https://www.vetmed.ucdavis.edu/hospital/small-animal/integrative-medicine>

The Don Low Fellow will participate in all activities of the service including new patient evaluation, recheck patient assessment, treatment session (acupuncture, chiropractic, rehabilitation, etc), procedures, student teaching and case discussion rounds, etc. The Fellow's schedule can be either a set day/week, or a series of days in a row as preferred by the Fellow.

Learning objectives:

- 1) Gain a more complete understanding of integrative medicine, TCVM, and rehabilitation, and learn how to implement them into your practice.
- 2) Learn how to perform complete rehabilitation and holistic/TCVM assessments on patients, and outline an appropriate treatment goals and plan.
- 3) Learn and maximize understanding of multimodal pain management.
- 4) Be actively involved in learning and administering rehabilitation modalities such as Laser, TENS/NMES, shockwave, therapeutic ultrasounds, etc.
- 5) Review commonly used nutraceuticals and dietary supplements, and their indications, contraindications, and evidence.
- 6) Attend teaching and case discussion rounds with students, staff and veterinarians.